

RESPECT: A GOOD START IN LIFE!!

With your daily actions, you can give your child a good part of the baggage that will allow them to face the different forms of violence that can occur in their life.

Doing prevention is helping your child to develop their **self confidence, autonomy, strength**, and **affirmation**. It is also creating and maintaining a good bond between the both of you. Prevention reduces your child's vulnerability towards violence and bullying. **How** to do prevention?



- ◆ By dedicating time to play, read, draw ;
- ◆ By spending moments together, just the two of you ;
- ◆ By discussing subjects that interest them ;
- ◆ By taking into account your child's arguments and opinions ;
- ◆ By encouraging and supporting their efforts.

Creating a relationship based on love and respect helps children to develop themselves in a healthy way and to take their deserved place in our society.

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PLAYING, TO PREVENT VIOLENCE AND BULLYING

Children have the right to feel safe, strong and free at all times. To help them protect their rights, prevention can be done every day, by playing games...

The «What would you do if...» game

- ◆ Someone from the neighbourhood would offer you 20\$ for you to help them carry their grocery bags in their kitchen?
- ◆ You would get lost in a public place?
- ◆ Every day, another kid would shout names at your friend to humiliate him?



The child will understand that it is important to:

- ◆ Trust their intuition ;
- ◆ Say NO or yell ;
- ◆ Ask other children for help ;
- ◆ Talk to a trusted adult ;
- ◆ Escape if necessary.

The games revolving around prevention are an excellent way to help the child to develop their self confidence and ability to act to insure their own safety.

Ask for help if you feel the need!



Pour une enfance
en sécurité et sans violence

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